



**Grantee:** UC Davis Health System Student Runs Clinics – Willow Clinic

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**Program:** “Willow Clinic Healthy Breast Program”

**Program Summary:**

Willow Clinic is one of seven student-run clinics sponsored by the UC Davis School of Medicine. The clinic operates out of the Salvation Army Del Oro Division Shelter in Sacramento. The mission of the Willow Clinic is to improve the health and well-being of the homeless population of Sacramento by helping to meet the psychiatric and medical care needs of this underserved population, as well as to provide a unique platform for medical and undergraduate student education. Utilizing the Promotores Model of healthcare outreach, The Willow Clinic Healthy Breast Program will provide healthy breast education, awareness and screening to 300 women within the clinic’s patient population and assure that 100 women receive mammograms. Studies have shown that community-based interventions and outreach are much more successful in reaching the women targeted by this initiative than conventional methods. Promotores and the Coordinator will go into the community and visit women and provide them with information on the Healthy Breast Program and hold screening events. They will conduct small presentations in varied settings such as a community center, church, or at the clinic. Participants will complete a questionnaire that can be evaluated by the Coordinator to assess the participant’s breast health needs. Because the majority of this population is homeless and/or living in shelters, screenings will be done by trained medical professionals on site and in an appropriate private setting and referrals for further breast health care will be made at the time of questionnaire completion rather than through subsequent phone or mail contact.