



SACRAMENTO COUNTY RESOURCE LIST – Community Organizations

Organization: **Albie Aware, Inc.**

Address: 3323 Watt Avenue #258, Sacramento, CA 95821

Phone: (916) 927-1592

Fax: (916) 925-2606

Contact: info@albieaware.org

Hours: Monday through Friday 8 am to 5 pm

Website: www.albieaware.org

Services: “Albie Aware” is a non-profit foundation with a purpose: To make people aware of cancer PREVENTION methods through nutrition and exercise, to encourage self-examination and a follow-up doctor’s appointment for early DETECTION, to be aware of the diagnostic testing available to determine the best TREATMENT for breast cancer and the early detection of a recurrence, and to provide financial assistance when these tests are not covered by the insurance provider.

Organization: **American Cancer Society**

Address: 1765 Challenge Way #115, Sacramento CA 95815

Phone: (916) 446-7933

Toll Free: 1-800-227-2345

Fax: (916) 325-2351

Hours: Monday through Friday 9 am to 5 pm

Website: www.cancer.org

Services: The American Cancer Society provides information, day-to-day help, and emotional support to people with cancer and their families. The Society educates women about the importance of early detection and following recommended breast cancer screening guidelines. At www.cancer.org, women can sign up for a free mammogram reminder that will be e-mailed to them each year so they won’t forget to schedule their yearly mammogram. We also advocate for important public policies and programs to ensure all women have access to breast cancer screening tests and care, regardless of their ability to pay. The Society empowers breast cancer patients and survivors and provides free programs such as Reach to Recovery, look Good...Feel Better, transportation assistance, wigs, hats, breast forms and bras and a Cancer Survivor’s Network.

Organization: **Asian Pacific Community Counseling**

Address: 5330 Power Inn Road #A, Sacramento, CA 95820

Phone: (916) 383-6784

Fax: (916) 383-8488

Hours: Monday through Thursday 8 am to 7 pm

Friday 8 am to 5 pm

Website: www.apccounseling.org

Services: Community-based non-profit agency. Culturally and linguistically relevant breast health outreach, education and free breast exam referral services. Services are free.



Organization: Casting for Recovery, Inc. – Northern California

Address: PO Box 1123, 3738 Main Street, Manchester, VT 05254

Phone: (802) 440-2227

Toll Free: 1-888-553-3500

Hours: Monday through Friday 8 am to 5 pm

Contact: Peg Moonstruck – peg.moonstruck@att.net

Website: www.castingforrecovery.org

Services: Casting for Recovery is a national non-profit organization that provides no-cost weekend support and educational retreats specifically tailored for women who have or have had breast cancer. We use fly fishing to promote physical and mental healing and is unique in its presentation as a support group.

Health Education Council, Breast Cancer Early Detection Program

Address: 3950 Industrial Blvd Suite 600, West Sacramento, CA 95691

Phone: (916) 556-3344

Hotline: 1-800-511-2300

Fax: (916) 446-0247

Hours: Monday through Friday 8:30 am to 5 pm

Website: <http://healthedcouncil.org/>

Services: Provides education, screening and diagnostic examination for women 40 years old and over that meet income eligibility. Call toll free number for eligibility and referral. Services are free for those who qualify.

Languages Offered: Spanish

Organization: Health Rights Hotline

Address: 519 12th Street, Sacramento, CA 95814

Phone: (916) 551-2100

Toll Free 1-888-354-4474

TTY: (916) 551-2180

Fax: (916) 551-2158

Hours: Monday through Friday 9 am to 5 pm

Contact: counselor@hrh.org

Website: www.hrh.org

Services: Consumer rights program. Provides free information and assistance to consumers that have questions or concerns about their health care. Provides counseling, referrals and direct assistance. Services are free.

Languages Offered: Spanish, Hmong, Chinese, Russian, Tagalog, Thai and Vietnamese



Organization: Hmong Women's Heritage Association

Address: 2245 Florin Road, Sacramento, CA 95822

Phone: (916) 394-1405

Fax: (916) 392-9326

Hours: Monday through Friday 8 am to 5 pm

Website: www.hmongwomenheritage.org

Services: The organization is committed to empowering Hmong women and their families in the Sacramento region. Services include cancer education, research and outreach in the Hmong community.

Organization: Sacramento Valley Affiliate of Susan G. Komen for the Cure

Address: 2443 Fair Oaks Blvd., PMB 223

Phone: (916) 492-6474

Fax: (916) 941-7896

Hours: Monday through Friday 9 am to 5 pm

Website: www.komensacramento.org

Services: Non-profit foundation that raises money to fund innovative programs in the areas of breast health awareness, education and outreach, breast screening, diagnostic services and support services in its 19 county service area. Provides breast health information, support and referrals for breast cancer patient, family and friends. Offers local and national educational website. Services are free. Komen Sacramento is not a direct service provider.

Organization: Save Ourselves

Address: P.O. Box 1100, Sacramento, CA 95812

Phone: (916) 554-7400

Hotline: 1-800-422-9747

Fax: (916) 444-2324

Hours: Monday through Friday 9 am to 5 pm

Website: www.save-ourselves.org

Services: Non-profit breast cancer organization serving the Greater Sacramento Region. They offer a variety of support services to individuals affected directly or indirectly by breast cancer. Services include educational seminars, peer support group and advocacy. Services are free.